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DRESS THAT WILL DEPRESS THE BOSS

- **your summer clothing could be fast tracking you to demotion**

Ladies, be warned! It may be summer, but don't be tempted to flash some flesh at work – it could damage your career says uSwitchforbusiness.com. Over half of Brits (52%) say that women are guilty of letting their standards slip when it comes to dressing for work in the summer. So before slipping on a sundress and sandals, check out this list of what **not** to wear if you want to impress your boss:

	Summer dressing no-no	Colleagues who will be frowning
1	See-through top	74%
2	No bra	67%
3	Flip flops	59%
4	Strapless tops	58%
5	Mini-skirts (mid-thigh length)	56%
6	Low cut tops	55%
7	Shorts	52%
8	Jeans	42%
9	Vest tops	39%
10	Visible bra	37%

Research by uSwitchforBusiness.com

Summer dressing: the numbers you need to know

45% - those left embarrassed by a colleague's 'inappropriate' dress

29% - those who say that poor dress reflects badly on the company

53% - people who say that when the sun shines women are guiltiest of breaking the office dress code.

But you can still be grateful you are not a bloke as girls really do get away with more – just **10%** of workers say that the office dress code is fairer on men than women.

James Constant, Director of uSwitchforbusiness.com, says: "The sun may put a smile on your face, but sexy summer dressing will only get your boss hot under the collar. If you value

your career leave the flip flops and shorts at home. It might seem unfair but, if you want to keep your boss sweet, dress to impress despite the heat.”

For more information visit www.uswitchforbusiness.com or call 0800 051 5343

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Notes to editors:

Research carried out online with the uSwitch.com Consumer Opinion Panel on behalf of uSwitchforBusiness.com in July 2011, among 1,230 British adults.

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